



WHO DARES
GROUP
DARE TO TRANSFORM

ELITE-LEVEL INTERACTIVE LEADERSHIP TRAINING

DURING HENLEY ROYAL REGATTA 2025

INTRODUCTION

Who Dares Group is bringing world-class corporate training experiences to one of the most prestigious events in the UK calendar.

Known for delivering high-impact leadership, resilience, and performance-based workshops, we work with some of the world's most recognisable brands, including J.P. Morgan, Citibank, Panerai Watches, Red Bull and Zara.

BRANDS WE HAVE WORKED WITH



J.P.Morgan



Shark | NINJA



HENDY



citibank



GRENADE



UCL

Y.CO



millennium



As part of our presence during the Regatta, we are offering an exclusive 2-hour leadership and development package (or longer), combining an inspirational keynote talk with an engaging, high-energy workshop. These sessions are designed to challenge, inspire, and equip teams with the skills **used by elite performers - from Special Forces to Fortune 500 executives.**

This is a unique opportunity for business leaders, corporate teams, and high-performance professionals to step away from the boardroom, engage in practical learning, and gain immediate, applicable takeaways — all during the iconic setting of Henley Royal Regatta.



EXCLUSIVE CORPORATE TRAINING DURING HENLEY ROYAL REGATTA

At Who Dares Group, we bring elite-level leadership training directly during the Henley Royal Regatta, offering a **high-impact 2-hour experience** designed for corporate teams and professionals looking to refine their skills in decision-making, resilience, and high-performance leadership—while above all, having fun within your group and elevating your trip to Henley beyond a typical day at the river.

1

Each session begins with a 30-minute keynote talk, delivered by one of our expert Special Forces veterans or leadership practitioners. This sets the tone for excellence, accountability, and adaptability, drawing on real-world experiences from elite teams operating in high-stakes environments.

2

Following the keynote, participants will engage in a 90-minute immersive workshop, selecting from one of the following interactive and high-energy sessions

WORKSHOP OPTIONS

1

SITUATIONAL AWARENESS & SELF-DEFENCE

Keynote (30min)

Understanding the body's physiological response to stress is key to staying in control under pressure. This session explores how adrenaline, tunnel vision, and fight-or-flight instincts impact decision-making, reaction time, and personal safety. Participants will learn to recognize early warning signs of conflict, de-escalate situations, and stay one step ahead in unpredictable environments.

Interactive Team-Building (90 min)

Threat Recognition & Reaction Drill – Learn how to spot and assess potential threats before they escalate, using real-world case studies and interactive role play.

Non-Sweaty Self-Defence Techniques – Practical, simple movements for managing space, breaking holds, and disengaging safely—designed for all fitness levels.

Confidence Under Pressure Scenarios – Low-intensity, controlled exercises that reinforce staying calm, assertive, and decisive in stressful situations.

2

RESILIENT LEADERSHIP & THE ART OF COMMUNICATION

Keynote (30min)

Drawing from elite military operations and high-stakes corporate environments, this session explores what it takes to lead under intense pressure, maintain composure, and drive results when stakes are high. It also covers the **art of communication**, emphasizing how clear, decisive, and confident messaging can shape outcomes in leadership, teamwork, and crisis situations.

Interactive Team-Building (90 min)

Mission Impossible Challenge – Teams are put into high-pressure scenarios that require rapid problem-solving, clear delegation, and resilient decision-making.

Time-Restricted Tasking – Groups must execute a complex task with limited time and changing conditions, simulating real-world pressure environments. Fun engaging tasks as a team.

Resilience Reset Drill – Practical techniques for managing stress, staying focused, and leading through uncertainty.

Fun Interactive Team Bonding Games – Engaging, high-energy activities designed to enhance collaboration, boost morale, and reinforce key leadership and communication takeaways in a lighthearted and memorable way.

This session delivers elite-level leadership principles while keeping it engaging and enjoyable, ensuring participants leave with actionable skills and stronger team connections.

WORKSHOP OPTIONS

3

TRAVEL SAFETY & EVASION TACTICS

Corporate events starting
at £7,500 per group

Keynote (30min)

Delivered by a **Special Forces expert**, this session explores **real-world travel safety strategies** designed to support **everyday travel—whether you're alone or with family**. Participants will gain insights into situational awareness, deception detection, and the psychological and physiological responses to danger. The talk will cover:

Pre-Travel Risk Assessment – How to research and prepare before traveling.

Situational Awareness – Recognising potential risks before they escalate.

Understanding Surveillance & Counter-Surveillance – How to spot if you're being followed in a normal daily setting.

Managing Crisis Scenarios – What to do in case of theft, getting lost, or feeling unsafe in an unfamiliar area.

Interactive Team-Building (90 min)

A **fun, immersive experience** where participants learn **real-world evasion and awareness techniques** used by professionals—**designed for everyday life and all fitness levels**.

Survivor Mindset Drills – Hands-on

- Methods for **staying calm under pressure**, making quick decisions, and using everyday objects to improve personal safety.
- **Restraint Escape Techniques** – Simple, practical ways to free yourself from common restraint methods (e.g., zip ties, duct tape), reinforcing adaptability and confidence.

This session blends practical safety skills, intelligence tradecraft, and engaging team-building activities, making it a must-have experience for modern travelers.



WHY CHOOSE WHO DARES GROUP AT HENLEY?



Engaging & Interactive

These aren't lectures; they are immersive, hands-on experiences that push individuals and teams to think differently.



Elite-Level Insights

Delivered by former Special Forces operatives, corporate strategists, and negotiation experts.



Immediate Takeaways

Every workshop is designed to provide practical tools that can be applied in business and beyond.



Unforgettable Setting

Henley Royal Regatta is an exclusive environment, making this a prestigious and unique opportunity for corporate teams.

Whether you are looking to sharpen leadership skills, improve communication, or foster resilience, this experience will elevate your team's performance in an unforgettable setting.



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